ART: When to offer?

Dr. Abha Majumdar Unit of IVF and Reproductive Medicine Sir Ganga Ram Hospital N.Delhi It is a Special... Unique... Common.. story of a man and a woman

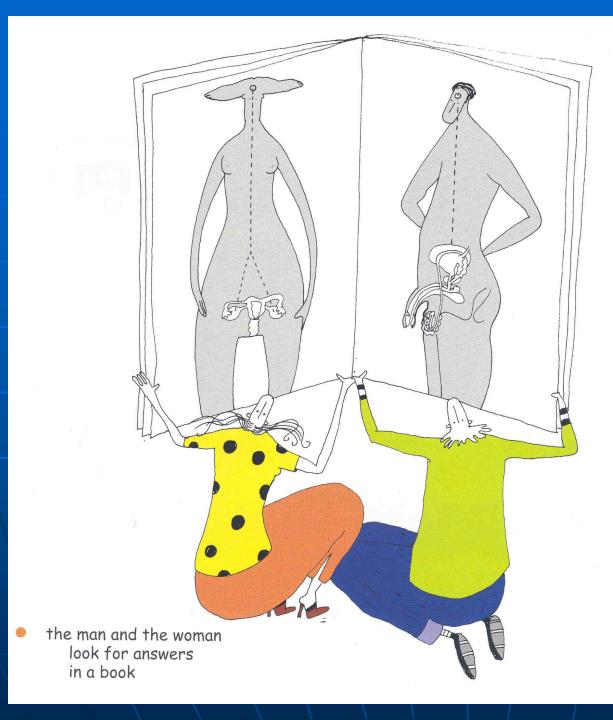


Time goes by and nothing happens the first questions are raised

we've been trying now for over a year and nothing has happened... AUGUS JUIN JUNE Inn APRIL MARCH

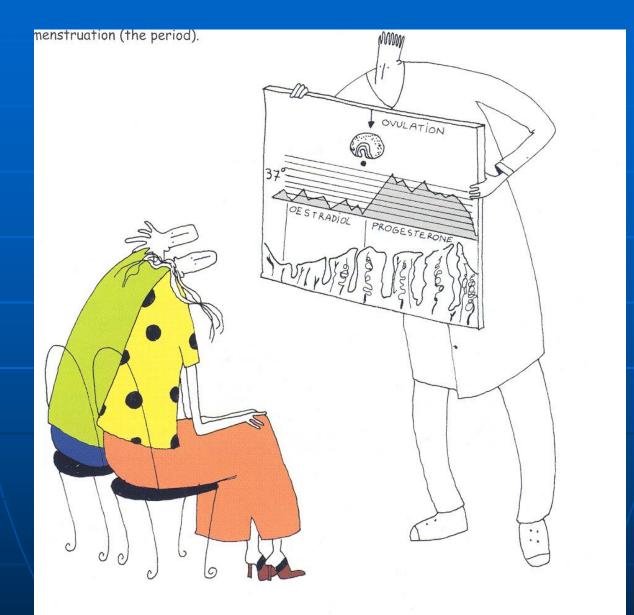
Still nothing?

I don't understand.



The man and the woman look for answers in a book

Visit to a gynecologist



Investigation's...Treatment... investigation's.... treatment.....

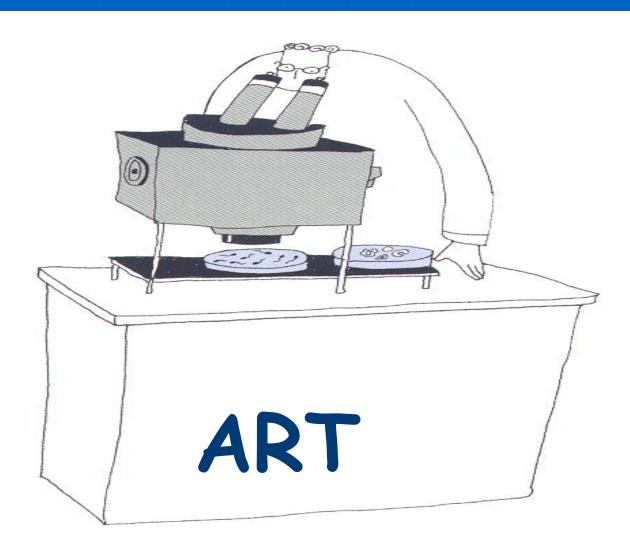
The man's treatment

The woman's treatment

Empirical
Medicines
Surgery
IUI

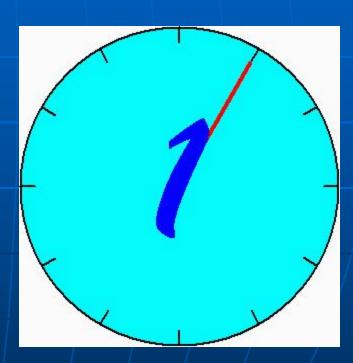
Ovulation induction
IUI
Surgery

IN VITRO FERTILIZATION UNDER THE MICROSCOPE



First indication

Irreversible tubal damage: First IVF baby "Louise Brown" was born to her mother who had bilaterally blocked, tubes, where oocyte retrieval was done laparoscopicaly.



Indications today

Irreversible tubal damage Male factor infertility not amenable to empirical Rx or IUI Unexplained infertility not treatable by super-ovulation with IUI. Immunological factors Endometriosis Failed donor insemination

Extended indications

Oocyte donation

Surrogacy

Embryo donation



Tubal infertility

Mode of treatment

Surgical or IVF

Surgical: Reversal of sterilization Proximal tubal disease or cornual occlusion Fimbrial adhesions

Tubal infertility

IVF

Severe distal tubal disease Multiple tubal obstruction Dense pelvic adhesions bilateral salpingectomy Severe endometriosis Patients who do not conceive within one year of micro surgery

Male infertility

OAT man syndrome

Extreme or severe oligospermia

 Azospermia where only testicular sperms are available

Sperms per oocyte

20 million sperms per oocyte

NATURAL CONCEPTION



50,000 to 1 lac sperms per oocyte

CONVENTIONAL IVF



SUBZONAL INSEMINATION (SUZI)

6 to 8 sperms per oocyte



INTRACYTOPLASMIC SPERM INJECTION (ICSI)



sperm per oocyte

Abha M.

Unexplained infertility

Couples with more than two years of infertility with no abnormalities on repeated investigation of

- patency of genital tract
- ovulatory mechanism
- semen and coitus
- those with minor abnormalities with inadequate explanation for their inability to conceive.

Immunological infertility

- Destruction of gametes by anti-sperm antibodies
- Prevent embryo cleavage and early development.

ART should bypass the early stages of fertilization and alleviate sub-fertility related to female immunological infertility.

ICSI should be able to overcome sub-fertility due to anti-sperm anti-bodies.

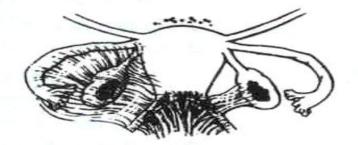
Endometriosis

Advanced stage endometriosis leading to distorted pelvic anatomy

STAGE IV (SEVERE)



STAGE V (SEVERE)



	PERITONEUM			PERITO
5	Superficial Endo L. OVARY	- > 3cm	- 3	Deep
				CULDE
	Deep Endo	- 1.3cm	- 32	Comp
$\langle \rangle$	Dense Adhesions	- <1/3	- 8	R. OVA
	L. TUBE			Deep
	Dense Adhesions	- <1/3	- 8	Dense
	TOTAL POIN	TS	51	L. TUBE
6				Dense
				L. OVAR
2				Deen

PERITONEUM		
	- > 3cm	- 6
	tion	- 40
		- 16
Dense Adhesions	- <1/3	- 4
L. TUBE		
Dense Adhesions	- >2/3	- 16
L. OVARY		
Deep Endo	- 1.3cm.	- 16
Dense Adhesions	- >2/3	- 16
TOTAL POINTS		114
	Deep Endo CULDESAC Complete Obliterat R. OVARY Deep Endo Dense Adhesions L. TUBE Dense Adhesions L. OVARY Deep Endo Dense Adhesions	Deep Endo -> 3cm CULDESAC Complete Obliteration R. OVARY Deep Endo - 1.3cm. Dense Adhesions - <1/3 L. TUBE Dense Adhesions - >2/3 L. OVARY

Endometriosis

Early stage endometriosis

Peritoneal fluid inflammation - increase in peritoneal macrophages, proteolytic enzymes & cytokines -leading to sperm phagocytosis, lower sperm motility and altered embryo development.

Tubal dysfunction due to elevated Pg's, hampering oocyte, sperm and embryo motility.

Alteration in cell mediated immunity.

*Luteal phase defects.

Failed donor insemination

 Failure to become pregnant following 6 or more cycles of insemination in otherwise normal and healthy women.

 Social circumstances, distance and work commitment may warrant earlier ART.

Oocyte donation

- Absent or streak ovaries.
- Removal of ovaries following surgery radiation or chemotherapy.
- Premature ovarian failure.
- Poor responder on induction of ovulation
- Poor quality oocyte with repeated failed IVF cycles.
- Inherited genetic diseases transmitted through female.
- Habitual aborters due to chromosomal abnormalities in female

Surrogacy

Surgically removed uterus

- Rokitansky Muller Kustener Hauser syndrome
- Severely malformed uterus congenitally or with fibroids
- Severe endometrial hypo-plasia or Asherman's syndrome.

Embryo donation.

- Female partner requiring oocyte donation with azospermia.
- Ageing couple over 40
 Bonostod molar
- Repeated molar pregnancy

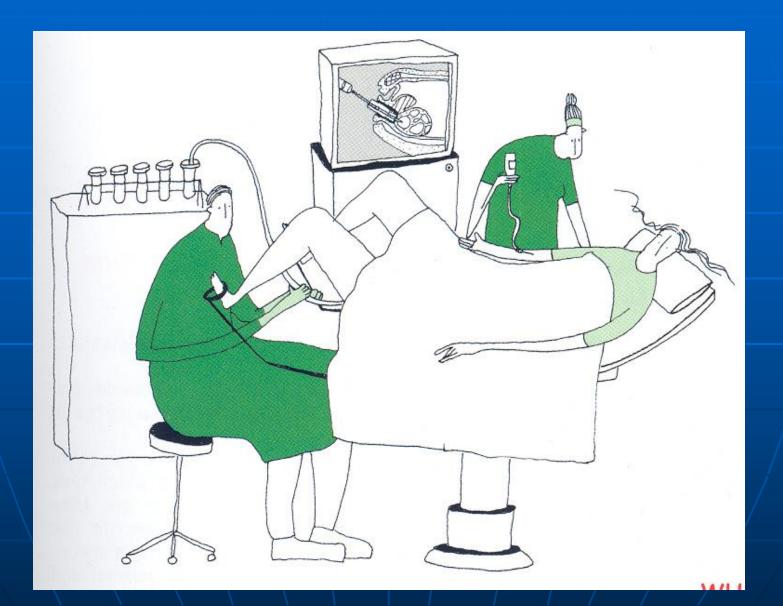


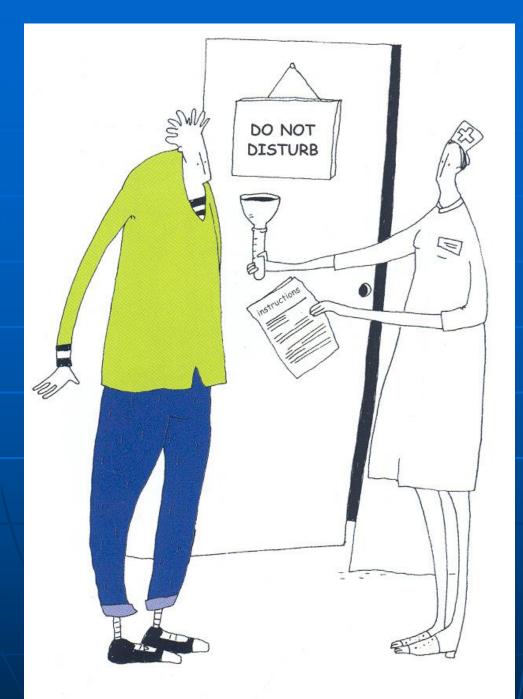
However conceiving a baby the other way! BY ART

is not without

PHYSICAL OR MENTAL STRESS

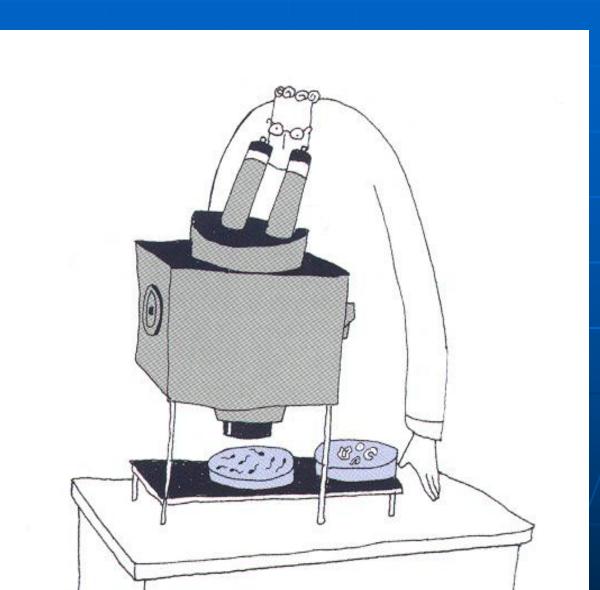
THE OOCYTE COLLECTION



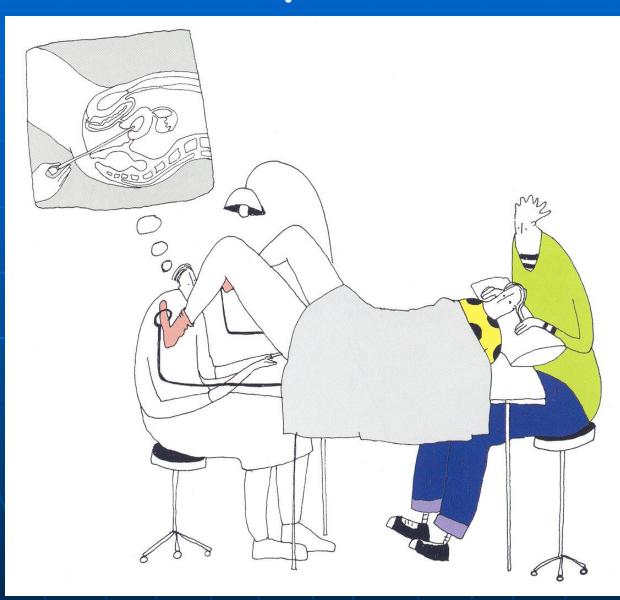


THE SPERM COLLECTION

THE EMBRYOLOGIST 48 HOURS



The embryo transfer



Leaving the clinic after embryo transfer

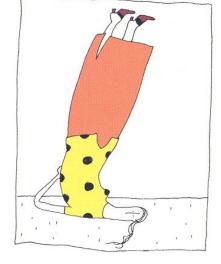


Leaving the clinic after the embryo transfer... Don't drive so fast! Watch out for potholes please!

OH NO I can't carry anything



OH NO! I can't carry anything...



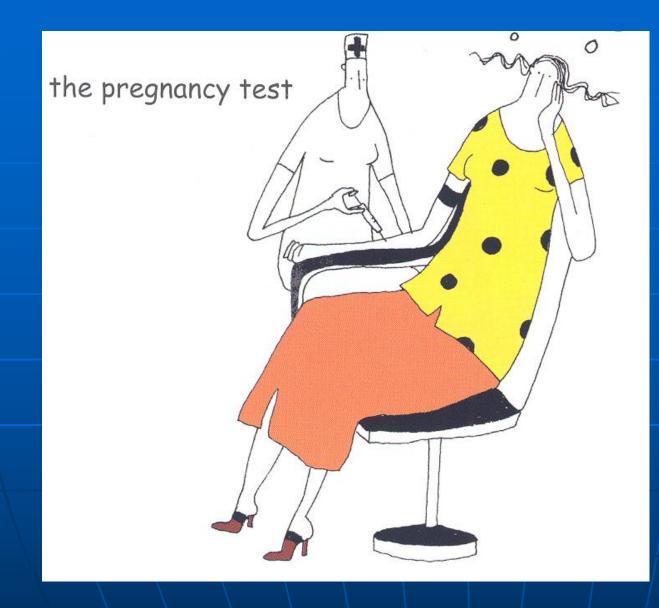
Trying to increase the chances of implantation! One never knows...

Trying to increase the chances of implantation



The fear of menstruation. Nothing... Phew !!!

The fear of menstruation



Two possible results

success or failure

IVF at SGRH

Year	No. of cases	■ P/R	ICSI
• • 1999	337	■ 30%	
2000	309	33.5%	33.3%
2001	366	31%	42.8%
2002	397	31.3%	55.8%



JOY OF PARENT HOOD